



inara

International Network for
Aid, Relief and Assistance

Introduction to INARA



About INARA

INARA seeks to improve the lives of conflict impacted children and their physical and mental health through financial support and increased access to services.

NARA is a non-profit that provides access to life-altering medical and mental health care to conflict impacted children. These children are injured or traumatized by the horrors of war, in the aftermath of conflict, or due to unsafe living conditions.

Forgotten about once the bombs stop falling, they struggle to find someone to support them. At INARA, we step in to provide them with the care they need to heal, recover, and move on.

INARA fills programmatic gaps and takes on cases when no other institution can. We currently sponsor children of all nationalities in Lebanon and Turkey who need medical attention and psychological help. We have a team of well-trained case workers and mental health professionals ready to step in.



Vision

INARA's vision is a world where no child impacted by conflict is left untreated.



Mission

INARA's mission is to fill in the gaps in access to life changing medical & mental health services by sponsoring care for conflict impacted children.

INARA receives referrals from other NGOs, medical organizations, or individuals. Sometimes, the parents themselves hear about the services we offer and contact us directly.

Once a case is referred to the medical program, INARA's staff assess the case to determine the urgency, the severity of need, and whether they meet INARA's criteria. INARA's criteria are: 18-0 years of age; injured from war, conflict, blasts, or unsafe living conditions; or are a person with special needs (PWSN), including persons with disabilities.

If they meet INARA's criteria, they undergo a primary medical assessment, screening, and a mental health assessment. After the assessments, INARA accepts the child into the medical program and if needed into the mental health program as well.

INARA staff create and establish the medical and mental health treatment plans simultaneously to ensure a holistic approach to healing and helping the child.

If a child falls outside of our criteria, we find other organizations that provide the type of treatment the child needs and refer them. INARA follows up with the child and their family to make sure they are receiving the treatment they need.

Depending on the urgency of the case and capacity, INARA either immediately begins the child's medical treatment journey or puts the child on the waitlist. Children are prioritized for treatment according to medical urgency, age (to avoid or reverse impact on growth and mobility) and irreversibility of the disability especially in children requiring orthopedic surgeries, where injuries can result in continuous pain, altered immobility, or irreversible disability, and availability of funds. Children are taken off the waitlist when another child progresses with their treatment or there is an increase in available funds or caseworker time.

Once they start their medical journey with us, they are assigned a case worker who manages their case and treatment plan, arranges procedures and medical appointments, all while providing a support system for the child and his family through these difficult times.

INARA fully finances their medical treatment and the logistical costs involved in supporting the child throughout the entire length of their treatment.

INARA currently has offices in Beirut, Lebanon and Gaziantep, Turkey and serves vulnerable children across these two locations through our three programs.

Medical Program

INARA's medical program seeks to improve injured children's physical health and quality of life through financial support and increased access to services. We work with health institutions to provide access to life-altering medical care for conflict impacted children who are unable to access or afford treatment.

We fully cover all medical treatments, surgeries, and logistical costs involved in supporting the child until they are fully healed, which can take years. We also provide case management services and pair each beneficiary with a case worker who manages and oversees their treatment journey.

On average it costs 8,000\$ to completely heal a child.



Mental Health

At INARA, we fundamentally believe that mental health is as important as physical health. In order for a child to fully heal, they need to process the trauma they went through, understand it, and overcome it.

Our in-house mental health program is run by mental health professionals specialized in child and adolescent psychology and psychiatry as well as pediatric trauma.

At the start of the child's journey, the child and adolescent psychiatrist conducts an assessment to determine the child's needs and develops a personalized treatment plan. Treatment includes one-on-one therapy sessions, and as needed medication or other forms of therapy, such as speech and psychomotor therapy, etc.

Children can stay in this program for as long as they need. INARA is one of the few NGOs that provide this type of care for this specific vulnerable population.



Rapid Response

This program enables INARA to redirect a portion of funding and resources to respond to crises and emergencies as needed. It was used in response to the COVID19- pandemic, the Beirut Blast, and the war in Ukraine.



Through these three pillars, INARA provides a holistic approach for the treatment of conflict impacted children who can only truly heal when all their injuries are catered to.

We have seen the profound effect of our work and witnessed first-hand how a child's narrative shifts from one that is defined by cruelty, injustice and trauma, to one of possibilities and hope for a better future.

Follow the work we are doing, Check out our social media accounts

